

4-H Family News

Washtenaw County

SEPTEMBER 2023



Fall Leader Meeting & Required Annual 4-H **Club/Committee Paperwork**

With the new 4-H program year comes our required annual paperwork for 4-H Clubs & Committees. We will be hosting our Fall Leader Meeting on September 21st at 6:30 pm at the MSU Extension Office. We will have light snacks and desserts. We will be going over the annual paperwork, what needs to be completed, along with providing updates on our plans for the program year, and a short presentation on positive youth development. We will have time at the end for leaders to ask questions about paperwork.

We strongly recommend that 4-H leaders attend or have a representative from their club in attendance. We look forward to seeing our 4-H leaders there and kicking off the 2023-2024 program year!



UPCOMING MEETINGS & EVENTS:

Washtenaw County 4-H Scholarship Applications Due & Washtenaw County 4-H County Award Nominations Due September 1st

Advisory Council Meeting September 14th at 7 pm at the MSU Extension Office

4-H Online Enrollment Begins for 2023-2024 Program Year September 15th

Fall Leader Meeting

September 21st at 6:30 pm at the MSU Extension Office

Horse Board and Association Meetings

September 25th at 6:30 and 7 pm at the MSU Extension Office

Small Animal Committee Meeting September 28th at 6 pm at the MSU Extension Office

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COUNTY 4-H NEWS

Important Washtenaw County 4-H Youth Show Dates for 2024:

The Washtenaw County 4-H Youth Show will be July 21-26, 2024. The Beef Weigh-In Tagging will be March 2nd and Swine, Feeders, Goat, and Sheep Weigh-In Tagging will be April 27th.

Enrollment for 4-H Online Starts on September 15th



Enrollment for the 2023-2024 program year begins on September 15th. If you have youth interested in joining your club, please let them know they can enroll on or after that date. Please remind current club members they MUST re-enroll every year to stay an active 4-H member. We recommend re-enrolling as soon as possible so you get all of our newsletters and communications. We do not want families and volunteers to miss out on deadlines and events because they are not re-enrolled.

Washtenaw County MSU Extension Office Closed on Friday September 1st and September 4th for Labor Day

The MSU Extension Office will be closed Friday, September 1st, and Monday, September 4th for Labor Day. We will be open Thursday, the 31st, from 9 am - 4 pm. If you have a scholarship application you want to turn in Friday, please use the black MSU mailbox in the back of the building by the employee entrance. You can also scan and email the applications to Jenny Speyer, at speyerje@msu.edu.



Harwood Scholarship Applications Now Available for 2023



The Ada May and Webb Harwood Scholarship application is now available for 2023! This Michigan 4-H Foundation Scholarship is for current or former Washtenaw County 4-H members, Washtenaw County Youth, and Washtenaw County FFA members who are outstanding in Home Economics or Animal Science Projects. Applicants must be incoming freshman, as well as college sophomores, juniors, and seniors continuing their education at an accredited institution of high education (four-year institution, two-year, community college or trade/vocational schools all qualify). You can find more of the guidelines and requirements for this scholarship on the application form here.

We encourage youth who qualify to complete and submit an application! The deadline for submissions is November 10th.



COUNTY 4-H NEWS

Instructors Needed for Still Project Workshops February-April 2024

The Still Projects Committee is planning to host workshops this February – April on the 2nd and 4th Saturday afternoons of each month. We are looking for instructors interested in hosting a 2-hour workshop on one of the following project areas: engines & power, sewing/quilting, flower arrangements, cake decorating, and demonstrations/public speaking. If you know any individuals interested in leading a workshop, please contact Jenny Speyer at speyerje@msu.edu. We are also open to other project areas if you have an individual in mind who would like to share their expertise with our 4-H youth!



4-H Club Leader Re-Enrollment Paperwork

We will go over the required annual paperwork for 4-H club leaders at our Fall Leader Meeting, but if you want to get a head start on your documents, these are the forms that will be required to be turned in this Fall. We do have paper copies available in our Office:

- Annual Financial Summary Report This form is required of ALL clubs/committees by MSU and the IRS, regardless of if the club/committee holds inventory or finances
- <u>Civil Rights Compliance</u> This form is required of all clubs by MSU and the USDA and is an agreement to uphold MSU Extension's civil rights policy of being open to all.

Congratulations to our Michigan 4-H State Horse Show Participants!



Congratulations to the 5 youth who participated in the Michigan 4-H State Horse Show as Washtenaw County Delegates. Our delegation, including Trent Aiuto, Alexis Couch, Mya Couch, Peyton Skeans, Jessica Schulz did a great job placing in the following classes:

- Keyhole 18-19: 3rd place Mya Couch, 8th place Trent Aiuto
- Speed & Action Pony 13-19: 5th place Jessica Schulz
- Indiana Flag 18-19: 2nd place Mya Couch
- Senior Champion Indiana Flag Race and Top 5: 3rd place Mya Couch (pictured)
- Indiana Flag Race 13-14: 1st place Peyton Skeans
- Indiana Flag Race Pony 13-19: 4th place Jessica Schulz.
- Cloverleaf Barrel Race Pony 13-19: 8th place Jessica Schulz
- Jr. Indiana Flag Race Championship and Top 5: Reserve Champion Peyton Skeans



COUNTY 4-H NEWS

Promote Washtenaw County 4-H During National 4-H Week: October 1-7th

National 4-H Week is October 1st – 7th and this year's theme is I ♥ 4-H. We encourage 4-H clubs and volunteers to help spread the word about the Washtenaw County 4-H program across the county. If you are interested in putting together a display at a local business or organization, let the 4-H office know! We would be happy to help supply some 4-H swag to display. Some examples of organizations to reach out to are libraries, community centers, schools, and local businesses like feed supply stores.

We will also be running a Goosechase during the National 4-H Week with prizes to winners. Keep an eye out on our social media and in the October Newsletter for more details! Remember you can pick up reasonably priced 4-H t-shirts at Tractor Supply and Rural King.



Washtenaw County 4-H Youth Show Reflections



We had a great time at the Washtenaw County 4-H Youth Show. Rock Thompson from S & L Bauernhof 4-H Club shared the following thoughts:

'The 2023 4-H Fair was great! I got to enter in multiple still projects that I have never entered before like poetry and creative writing. Also, I had a new experience in working the 4-H Kitchen, which I really enjoyed. Unfortunately, I could not show my rabbit due to a cold it had. However, I had a great experience overall. I can't wait for next year!"

Do you have any quotes or thoughts from the Washtenaw County 4-H Youth Show? Share them with Jenny Speyer at speyer@msu.edu. We may use them for upcoming newsletters or promotional materials.

We Need Your 2023 Youth Show Photos!

Do you have photos from the Washtenaw County 4-H Youth Show? We would love to use your photos in our future promotional materials. If you would like to provide photos, please give us a list of the youth in the photo so we can check for media releases. We can only use photos with signed media releases on file. We would especially love photos of Still Projects as we have very few on file. Please send photos and info to Jenny Speyer, 4-H Program Instructor at speyerje@msu.edu.





2023-2024 4-H Committee Meeting Schedule

One way for youth & volunteers to learn leadership and to have their voices heard is through our 4-H committees. Please encourage youth in your family or club to attend our committee meetings and consider running for elected positions when they are able. All of these meetings are held at the MSU Extension Office on 705 N. Zeeb Rd, Ann Arbor, MI unless otherwise noted.

Horse Association (Fourth Tuesday of each month at 7:00 pm, Board at 6:30 pm)			
September 25, 2023 (Rescheduled for a Monday)	October 24, 2023	November 28, 2023	January 23, 2024
February 27, 2024	March 26, 2024	April 23, 2024	May 28, 2024
June 25, 2024	July (Tentative)		
Advisory Council (Second Thursday of odd months at 7:00 pm)			
September 14, 2023	November 9, 2023	January 11, 2024	March 14, 2024
May 9th, 2024			
Livestock and Dairy Committee (Second Thursday of even months at 7:00 pm)			
October 12, 2023	December 14, 2023	February 8, 2024	April 11, 2024
June 13, 2024	July 16, 2024 at Washtenaw Farm Council Grounds		
Small Animal Committee (Fourth Tuesday of odd months at 6:00 pm)			
September 28, 2023 (Rescheduled for a Thursday)	November 28, 2023	January 23, 2024	March 26, 2024
May 28, 2024	July (Tentative)		
Still Projects Committee (Fourth Tuesdays of even months at 6:30 pm on Zoom)			
October 24, 2023	February 27, 2024	April 23, 2024	June 25, 2024
August 27, 2024			
Service Club (Once a year in Fall at 7 pm at the Lodi Township Hall)			
September 25, 2023			



STATEWIDE CALENDAR OF EVENTS

Share Your 4-H Story!



Across the state, Michigan 4-H has grown true leaders for today and tomorrow. From Marquette to Monroe, these young people are impacting their clubs, communities, country and world.

To help share this impact with others, we're looking for youth and 4-H alums to share their own testimonials of how 4-H has influenced their personal growth and development.

Submissions will be posted on the Meet Michigan 4-H'ers section of the MSU Extension website and promoted digitally in newsletters and social media.

To learn more and download the guidelines, visit www.canr.msu.edu/4h/meetmichigan-4-h.

September 6: Welcome Back MSU 4-H Alumni Reception

Justin S. Morrill Hall of Agriculture, East Lansing

If you are a current or former 4-H'er attending MSU this fall, stop by outside the Justin S. Morrill Hall of Agriculture from 5:30 - 7:00 p.m. for networking and free dinner!

www.canr.msu.edu/events/msu-welcome-week-4-h-alumni-reception

September 16-17: 4-H Shooting Sports Workshop

Shiawassee Conservation Association, Owosso

Adult and teen 4-H volunteers can learn about 4-H shooting sports' mission policy, risk management and safety, discipline-specific equipment use and care, how to teach shooting fundamentals to youth, range set-up, and more.

www.canr.msu.edu/events/4-h-shooting-sports-workshop-owosso-1

September 18: Adulting 101 - How to Tell Principals & Politicians They are Full of Poop While Being Polite

Online

This session will provide some skills and practice on how to influence people in power to make change in your community and world.

www.canr.msu.edu/events/adulting1019-18-23

September 21: Michigan 4-H Volunteer Webinar Series - Spice up Your 4-H Experiences with 4-H Resources

Online

This session will explore a variety of resources that 4-H volunteers can use in meetings to support Michigan 4-H'ers.

12-1 p.m. session: <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-spice-up-your-4-h-experiences-with-4-h-resources</u>

7-8 p.m. session: <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-spice-up-your-4-h-experiences-with-4-h-resources7pm</u>

September 29: Michigan 4-H Foundation Annual Membership Meeting

Kellogg Hotel & Conference Center, East Lansing

Agenda items include 2023 president's report, audited financial statement report, trustee elections, and recognition of major donors to Michigan 4-H within the past year.

www.canr.msu.edu/events/michigan-4-h-foundation-annual-membership-meeting

October 4: Michigan 4-H Day at the Capitol

Heritage Hall, Lansing

Education and awareness event to elevate knowledge of Michigan 4-H and to share the impact of its programming across Michigan.

www.canr.msu.edu/events/michigan-4-h-day-at-the-capitol





STATEWIDE 4-H NEWS

National 4-H Week: October 1-7, 2023

Fore more than 100 years, 4-H has inspired families, shaped careers, and impacted communities. From October 1-7, we will celebrate the impact of 4-H during National 4-H Week. The theme of this year's National 4-H Week is "I Va-H." As you plan ahead for how you will mark National 4-H Week in your community, here are some ideas of you can celebrate 4-H and show all the ways you Va-H!

Wear Your 4-H Gear — Nothing says 4-H pride like a 4-H tee! Dress yourself (or the entire family – pets included!) in 4-H green and clover gear.

Shout-Out a 4-H'er — Recognize the hard work and dedication of 4-H'ers by shouting out one youth or an entire club on social media, in a local newspaper or other media.

Storefront Displays/Information Booths — In some communities, you can ask local businesses to display 4-H posters, flyers, showcase the work of 4-H'ers, or host a table to share information about your local 4-H program.



Become a 4-H Volunteer —If you are a 4-H alum, parent or recent 4-H 'graduate', you might be looking for ways to connect with 4-H. Consider giving your time to a local 4-H program by becoming a volunteer.

Share Your 4-H Story — Take to social media to share a 4-H memory, express how 4-H shaped who you are today, describe what 4-H means to you, post an old 4-H photo, or shout-out your 4-H club.

Have a 4-H Reunion — Gather your old 4-H friends and spend some time together reminiscing on your 4-H experience or recreate a 4-H project together!

Send a 4-H 'Thank You' — We all have a reason to thank our local 4-H staff, leaders and supporters. To show your appreciation, send a handwritten 'thank you' note to someone who has supported youth and made a difference.

Raise Awareness – On October 4, Michigan 4-H and MSU Extension will be hosting the first Michigan 4-H Day at the Capitol. Join this exciting education and awareness event to help elevate knowledge of Michigan 4-H and share the impact of its programming across Michigan. Learn more at www.canr.msu.edu/events/michigan-4-h-day-at-the-capitol.

Give Back — Local programs are always looking for resources to continue growing 4-H for the future. Help programs thrive by making a donation at https://mi4hfdtn.org/countymatch/ that can help support your county 4-H program.

Adapted from: https://4-h.org/about/blog/10-ways-to-celebrate-national-4-h-week/.











MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 9/5/23: Setting the Stage: Promoting Social-Emotional Health in Young Children
- 9/12/23: Importance of Outdoor Play
- 9/19/23:The Resilience Toolbox
- 9/26/23: NO CLASS

Registration: https://msu.zoom.us/webinar/register/WN_J46cnBPnQLWjDeTk2gs59g#/registration

For more information contact Courtney Aldrich at aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates: Thursdays, August 24, August 31, September 7, September 14, September 21

Class times: 8:00pm-9:30pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

Kinship Caregiver "Let's Talk: Family and School Communication"

Learning how to communicate effectively can help children thrive by providing consistency as well as relationships that are supportive. This workshop will help participants learn strategies to effectively communicate and explore ways to problem solve communication challenges.

Class date: September 13th Class times: 7:00-8:30pm EST

Registration: https://bit.ly/KinshipCareSummer23

For more information, contact Courtney Aldrich, aldric82@msu.edu

In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available.

To schedule a workshop at your location, contact Vivian Washington at washi138@msu.edu





MSU Extension Child and Family Development

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Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: Purpose of Play Class Date: September 21st Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN jLVWzzM6Qlimr7VBOCrrPA

Title: What Children Need to Know to Start School

Class Date: September 22nd
Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN 7uUWdABOR266czLJYKyu7A

For more information contact Vivian Washington at washi138@msu.edu

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: https://www.canr.msu.edu/courses/positive-discipline-online-course

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu

